

**2026 USAWKF TAIJQUAN TEAM TRIALS
REGULATIONS**



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2026 USAWKF TAIJIQUAN TEAM TRIALS REGULATIONS

I. GENERAL INFORMATION

1. INTRODUCTION

The 2026 USAWKF Taijiquan Team Trials will be conducted online via video submission. This event serves as the official selection process to determine the athletes who will represent the United States at the following events:

- The 5th World Taijiquan Championships (5th WTJQC) in Burgas, Bulgaria, from April 23-30, 2026.
- The 5th Pan American Kungfu & Taijiquan Championships (PAKTC) will be held from October 8-9, 2026, in Buenos Aires, Argentina.

2. IMPORTANT DATES AND REGISTRATION

2.1. Online Competition Date

March 7, 2026

2.2. Registration and Video Submission Period

All online entries must be submitted through the USAWKF Online Registration Website.

From February 14, 2026, to February 28th, 2026, 11:59 PM PST

2.3. Online Registration Requirements

URL: registration.usawkf.org

Email: usawkf@usawkf.org

2.3.1. All sections of the online entry must be completed in full.

2.3.2. All payments due must be paid in full for registration to be considered as completed.

3. ELIGIBILITY

To participate in the selection process, eligible competitors must:

- Be current USAWKF members in good standing.
- Be U.S. citizens in possession of a valid U.S. passport OR U.S. permanent residents in possession of a valid U.S. permanent resident card.
 - Athletes who have dual citizenship can only represent one country/territory in the championships.
 - In cases where athletes have changed their citizenship, such athletes are required to have resided in the country or territory that they are representing for at least two (2) years prior to the opening day of the competition or activity, during which time they may not have represented any other country or territory in any international competition.
- Meet the age requirements for their specific competitive division.

4. TEAM COMPOSITION

Category	Championship Team 1987-01-01 to 2012-12-31		Demonstration Team 1957-01-01 to 2016-12-31
	Nandu	Non-Nandu	
A Team (24)	2 Males / 2 Females	2 Males / 2 Females	8 Males / 8 Females
B Team (24)	2 Males / 2 Females	2 Males / 2 Females	8 Males / 8 Females
Total (48)	4 Males / 4 Females	4 Males / 4 Females	16 Males /16 Females

Note: All dates are written in yyyy-mm-dd format

5. GENERAL PROGRAM

Date(s)	Activity
Feb. 28, 2026	Registration and Video Submission Deadline
March 7, 2026	Judge Scoring and Result Audit
March 9, 2026	Team Announcement

NOTE: This program is subject to change depending on the number of registered athletes.

II. TECHNICAL INFORMATION

6. AGE CATEGORIES

6.1. Championship Division

- Group A: 14 – 17 years of age (born in 2009–2012).
- Group B: 18 – 29 years of age (born in 1997–2008).
- Group C: 30 – 39 years of age (born in 1987–1996).

6.2. Demonstration Division

- Group A: 10 – 13 years of age (born in 2013-2016).
- Group B: 14 – 17 years of age (born in 2009-2012).
- Group C: 18 – 29 years of age (born in 1997-2008).
- Group D: 30 – 39 years of age (born in 1987-1996).
- Group E: 40 – 54 years of age (born in 1972-1986).
- Group F: 55 – 69 years of age (born in 1957-1971).

7. COMPETITION EVENTS

7.1. Championship Events

- Optional Routines (with Degree of Difficulty)
 - Barehand routine: Taijiquan
 - Weapon routines: Taijijian, Taijishan
- New Standardized Routines (without Degree of Difficulty)
 - Barehand routine: Yang Style Taijiquan, Chen Style Taijiquan
 - Weapon routine: Yang Style Taijijian, Chen Style Taijijian
- Compulsory Routines
 - 1st Set of the International Wushu Competition Routines
 - Barehand routine: Taijiquan (42)
 - Weapon routine: Taijijian (42)
 - 3rd Set of the International Wushu Competition Routines
 - Barehand routine: Taijiquan (36)
 - Weapon routines: Taijijian (39), Taijishan (40)
- Five Styles Taijiquan Competition Routines
 - Chen Style Taijiquan (56)
 - Yang Style Taijiquan (40)
 - Wu Style Taijiquan (45)
 - Wu (Hao) Style Taijiquan (46)
 - Sun Style Taijiquan (73)
- Elementary Routines (Championship Age Group A only)
 - Barehand routine: Taijiquan (24)
 - Weapon routine: Taijijian (32)

7.2. Demonstration Events

- Compulsory Routines
 - Elementary Routines (Demonstration Age Groups A, D, E, and F only)
 - Barehand routine: Taijiquan (24)
 - Weapon routine: Taijijian (32)
 - 1st Set of the International Wushu Competition Routines
 - Barehand routine: Taijiquan (42)
 - Weapon routine: Taijijian (42)
- Traditional Routines
 - Barehand routine: Yang Style Taijiquan, Chen Style Taijiquan, Wu Style Taijiquan, Wu (Hao) Style Taijiquan, Sun Style Taijiquan
 - Weapon routine: Yang Style Taijijian, Chen Style Taijijian, Wu (Hao) Style Taijijian, Sun Style Taijijian

8. COMPETITION RULES

Unless otherwise stated within these regulations, the competition will be conducted in accordance with the IWUF Wushu Taolu Competition Rules and Judging Methods (2024) (hereinafter referred to as "rules"). The power of interpretation of the Rules rests solely with the USAWKF. In the event of language discrepancies in the rules, the English version shall prevail.

9. COMPETITION METHODS

9.1. Optional Routines

The Taijiquan Team Trials Optional Routines event scoring will be based on the "Events with Degree of Difficulty Scoring Methods and Standards".

- 312B, 323B, 323C, 324B, and 324C must be connected to the connection movements as stipulated in the rules Table 10-3-9 when landing.
- Within a routine, the same jumping difficulty movement can be performed 2 times at most, but the connecting movement cannot be repeated (e.g. within a single optional routine, an athlete may register and perform xuànfēngjiǎo 360° (tornado kick 360°) at most 2 times, but the connection movement for each tornado kick must be different).

9.2. Compulsory Routines

For the compulsory routines (including the Elementary Routines, New Standardized Routines, Five Styles Taijiquan Competition Routines, 1st Set of the International Wushu Competition Routines, and 3rd Set of the International Wushu Competition Routines), the "Events without Degree of Difficulty Scoring Methods and Standards" will be implemented.

9.3. Routine Time Limits

9.3.1. Championship Events

- Optional Routines (with Degree of Difficulty)
 - Taijiquan, Taijijian, and Taijishan routines: From 2 minutes 45 seconds to 3 minutes 15 seconds in total duration
- 1st Set of the International Wushu Competition Routines
 - Taijiquan (42) routine: From 5 to 6 minutes in total duration
 - Taijijian (42) routine: From 4 to 5 minutes in total duration
- 3rd Set of the International Wushu Competition Routines
 - Taijiquan (36), Taijijian (39), and Taijishan (40) routines: From 3 to 4 minutes in total duration
- Five Styles Taijiquan Competition Routines
 - Yang Style (40), Chen Style (56), Wu Style (45), Wu (Hao) Style (46), and Sun Style (73) Taijiquan routines: From 5 to 6 minutes in total duration.
- New Standardized Routines
 - Yang Style, Chen Style Taijiquan routines: From 3 to 4 minutes in total duration
 - Yang Style, Chen Style Taijijian routines: From 3 to 4 minutes in total duration
- Elementary Routines
 - Taijiquan (24) routine: From 4 to 5 minutes in total duration (Championship Age Category A Only)
 - Taijijian (32) routine: From 3 to 4 minutes in total duration (Championship Age Category A Only)

9.3.2. Demonstration Events

- Elementary Routines
 - Taijiquan (24) routine: From 4 to 5 minutes in total duration (Demonstration Age Categories A, D, E & F Only)
 - Taijijian (32) routine: From 3 to 4 minutes in total duration (Demonstration Age Categories A, D, E & F Only)
- 1st Set of the International Wushu Competition Routines
 - Taijiquan (42) routine: From 5 to 6 minutes in total duration
 - Taijijian (42) routine: From 4 to 5 minutes in total duration
- Traditional Taijiquan Routines
 - From 4 to 5 minutes in total duration
- Traditional Taijijian Routines
 - From 3 to 4 minutes in total duration

9.4 Accompanying Music

In accordance with the 5th WTJQC Regulations, accompanying music is required for:

- Optional Routines (with Degree of Difficulty): Taijiquan, Taijijian, and Taijishan.
- 3rd Set of the International Wushu Competition Routines: Taijiquan, Taijijian, and Taijishan.
- Accompanying music with vocals and/or lyrics is not permitted.
- 0.5 will be deducted for routines performed without musical accompaniment or those that utilize music with lyrics.

10. COSTUMES AND EQUIPMENT

- Athletes shall wear Taiji costumes and use the competition weaponry in compliance with the rules during all events.
- All athletes must provide their own costumes and weaponry.

11. VIDEO SUBMISSION REQUIREMENTS

*Adapted from 2021 IWUF Wushu Taolu Virtual Competition Regulations

Competitors performing the same routine in multiple divisions may submit a single video or separate videos for each division (e.g., Men's Taijiquan (42) in both Championship and Demonstration).

If submitting separate videos, each should be clearly distinguishable, either by wearing a different costume or using another identifying feature, such as displaying a sign with the division name ("Championship" or "Demonstration") before the performance.

- Background
 - Videos must be filmed indoors against a clean, neutral background. No school names,

logos, commercial advertisements, political symbols, or religious messages are permitted in the background.

- **Camera and Framing**
 - Videos must be recorded using a single camera positioned at a seated adult's eye level.
 - The entire body of the athlete must remain within the camera frame for the full duration of the routine. Failure to do so may result in point deductions.
 - The center of the frame shall be maintained between the athlete's hip and shoulder level.
 - The camera may pan left or right horizontally along the competition sideline as needed, but the camera angle must remain consistent throughout the performance (no switching between front, side, or diagonal views).
 - To ensure image stability, videos should be recorded using a tripod or stabilizing device.
- **Recording Integrity**
 - Videos must be real-time recordings within the registration window.
 - Editing, cutting, splicing, scene transitions, or special effects are strictly prohibited.
- **Lighting**
 - Adequate lighting must be provided to ensure the performance is clearly visible to judges.
 - Lighting conditions must remain consistent throughout the entire routine.
- **Audio**
 - Efforts should be made to minimize background noise, ensuring that the natural sound of the performance is clear and uninterrupted.
 - Music requirements will follow the 5th WTJQC Regulations.

12. TEAM SELECTION METHODS

12.1. The Team Trials shall consist of two divisions: Championship & Demonstration Divisions.

12.2. A total of forty-eight (48) athletes shall be selected from the two divisions.

12.3. Athletes shall be ranked separately within each division. Selection shall be made as follows:

- **A-Team:**
 - Consists of twenty-four (24) athletes selected to represent the USA at the 5th World Taijiquan Championships in Burgas, Bulgaria (April 23–30, 2026), and the 5th Pan American Kungfu & Taijiquan Championships in Buenos Aires, Argentina (October 8–9, 2026).
 - Championship Events: 4 males (2 Nandu, 2 Non-Nandu) and 4 females (2 Nandu, 2 Non-Nandu).
 - Demonstration Events: 8 males and 8 females.
- **B-Team:**
 - Consists of twenty-four (24) athletes who serve as the official alternates for the A-Team at the 5th World Taijiquan Championships in Burgas, Bulgaria (April 23–30, 2026).
 - Selection & Promotion: B-Team members are selected strictly based on their numerical ranking from the National Taijiquan Team Trials results within their respective categories (Nandu, Non-Nandu, or Demonstration).
 - Activation: In the event that a Team A member is unable to participate,

the highest-ranked athlete from Team B in that specific category and gender will be promoted to the 5th WTJQC delegation.

- B-Team will represent the U.S. at the 5th Pan American Kungfu & Taijiquan Championships in Buenos Aires, Argentina (October 8–9, 2026)

- 12.4. Athletes may register to compete in one or both divisions.
- 12.5. Within each division entered, athletes shall compete in at least one Taiji barehand routine and at least one Taiji weapon routine.
- 12.6. Selection within each division shall be based on the combined total of the athlete's highest-scoring eligible Taiji barehand routine and the highest-scoring eligible Taiji weapon routine.
- 12.7. An athlete shall be selected for only one Team. An athlete qualifying for selection in both divisions shall be selected to the Championship Team.
- 12.8. Championship Division Eligibility:
 - In accordance with the 5th WTJQC Regulations, Traditional Barehand and Traditional Weapon Routines are not offered as Championship Division events; only Championship Age Group A athletes may use Elementary Taijiquan (24) and Elementary Taijijian (32) for a qualifying score.
- 12.9. Demonstration Division Eligibility:
 - In accordance with the 5th WTJQC Regulations, Elementary Taijiquan (24) and Elementary Taijijian (32) are offered only for Demonstration Age Groups A, D, E, and F; only athletes in these age groups may use these routines for a qualifying score.

13. VACANCIES

- 13.1. If fewer than the required number of males or females qualify in either division, vacancies shall be filled by qualifying athletes of the same gender from the other division.

14. TIE RANKINGS

- 14.1. The athlete with higher rankings in his/her events will be selected.
- 14.2. The athlete with a higher barehand score in his/her events will be selected.
- 14.3. If a tie still results from above, the athlete with the highest individual event score will be selected.
- 14.4. If a tie still results from above, the athlete with the higher overall performance score from the highest barehand event score will be selected.
- 14.5. If a tie still results from above, the athletes will draw lots to determine the selection.

15. PLACING AND AWARDS

- 15.1. The 2026 USAWKF Taijiquan Team will represent the United States at the 5th World Taijiquan Championships in Burgas, Bulgaria, from April 23, 2026, to April 30, 2026.
- 15.2. Athletes selected for the 2026 USAWKF Taijiquan Team will be awarded certificates accordingly.
- 15.3. The names of team members will be published on the USAWKF official website.

III. APPEALS

- Appeals will be conducted in accordance with the procedures specified in Article 12 - Appeals of the IWUF Wushu Taolu Competition Rules and Judging Methods (2024).
 - a. Note: Due to the online format of the Team Trials, appeals may be submitted up to 30 minutes after the score's release.
- The USAWKF reserves all rights pertaining to interpretation of the rules, team selection, and final team layout in the best interest of the federation and to uphold the sanctity, mission, and goals of the national team.

IV. REGISTRATION PROCEDURES AND FEES

16. TEAM TRIALS REGISTRATION

- 16.1.** 2026 USAWKF Taijiquan Team Trials Registration: Register through the USAWKF official website <https://www.usawkf.org> by February 28th, 2026.
- 16.2. Registration Requirements:** 2026 USAWKF Taijiquan Team Trials competitors are required to hold their valid U.S. Passport or U.S. Permanent Resident Card and submit a completed and signed waiver of liabilities form, which has been signed by the competitor's parent or legal guardian if under 18 years of age.
- 16.3. Competitor Fees:**
 - The 2026 USAWKF Taijiquan Team Trials registration fee is \$100 per event (non-refundable).

V. ADMINISTRATION OF TEAM TRIALS EVENTS

- The 2026 USAWKF Taijiquan Team Trials Organizing Committee will administer all aspects of the competitions under the auspices of the USAWKF Board of Directors.
- Each athlete selected for the USAWKF Taijiquan Team must agree to participate in the 5th World Taijiquan Championships. The USAWKF Board of Directors reserves the right to determine a final composition of the USAWKF Taijiquan Team, which, in its opinion, serves the best interests of USAWKF.