

**2025 USAWKF NATIONAL  
CHAMPIONSHIPS REGULATIONS**



## 2025 USAWKF KUNGFU NATIONAL CHAMPIONSHIPS REGULATIONS

### GENERAL INFORMATION

The 2025 United States of America Wushu-Kungfu Federation (USAWKF) National Championships will be held June 27-29, 2025, at Lubbock Memorial Civic Center in Lubbock, TX. This National Championships will provide beginner, intermediate and advanced athletes to participate in Kungfu, Taiji and Contemporary styles. The Advanced Kungfu and Taiji divisions will select athletes to be on the Kungfu Team to represent the U.S. in the 10th World Kungfu Championships to be held in Emeishan, China between October 14-20, 2025, and the 5th Pan American Kungfu & Taijiquan Championships to be held in Mayan Riviera, Mexico between November 12-17, 2025. In addition, the advanced kungfu and taiji divisions will also act as the Kungfu National Ranking which can be viewed on our website:

<https://usawkf.org/national-rankings/?type=kf>

### DATES AND PLACE

**Dates:** Friday, June 27 – Sunday June 29, 2025

**Place:** Lubbock Memorial Civic  
Center 1501 Mac Davis Ln  
Lubbock, TX 79401

**Registration:** <http://registration.usawkf.org/>  
April 1, 2025 - May 25, 2025

### ELIGIBILITY

**USAWKF National Championships Tournament** – All athletes are welcome to participate. USAWKF Membership is not required.

**USAWKF Kungfu Team Trials** - In order to be considered for the Kungfu Team, athletes must be U.S. citizens and must be current USAWKF members in good standing.

**USAWKF Kungfu National Rankings** - In order to be listed on the kungfu national rankings, athletes must be current USAWKF members in good standing.

### TEAM COMPOSITION

Athletes participating in any “Advanced” experience level event with a score above 8.0 or top three ranking will be chosen to be a member of the Kungfu Team. After the athletes are

selected, they will be invited to join the USAWKF National Kungfu Team to participate in the World Kungfu Championships and Pan American Kungfu & Taijiquan Championships.

### EVENT CATEGORIES/DIVISIONS

All Event Categories will offer empty hand and weapon events. Specific Taolu names and weapon types will be collected at registration so new events can be opened based on the registration to allow for athletes to compete within their specific subset as closely as possible. The organizers reserve the right to create as many new events as necessary to accommodate all athletes.

For Jiti, Duilian and Choreographed fighting sets, please enter the names of the other people in your group.

Here is a list of categories that athletes can register for.

### KUNGFU AND TAIJI BAREHAND

Choose One Category Below	Styles Included
Taijiquan	<ul style="list-style-type: none"> <li>● Chen Style</li> <li>● Yang Style</li> <li>● 42-Posture Taijiquan</li> <li>● Wu Style</li> <li>● Wuu style</li> <li>● Sun Style</li> <li>● Zhaobao Style</li> <li>● Other Taijiquan Styles</li> </ul>
Nanquan	<ul style="list-style-type: none"> <li>● Yongchunquan (Wing Chun)</li> <li>● Cailifoquan (Choy Lay Fut)</li> <li>● Hongjiaquan (Hung Gar)</li> <li>● Other Nanquan Styles</li> </ul>
Other Internal	<ul style="list-style-type: none"> <li>● Xingyiquan</li> <li>● Baguazhang</li> <li>● Bajiquan</li> </ul>
Classic Northern	<ul style="list-style-type: none"> <li>● Chaquan</li> <li>● Huaquan</li> <li>● Paoquan</li> </ul>

	<ul style="list-style-type: none"> <li>● Hongquan</li> </ul>
Other Northern Styles	<ul style="list-style-type: none"> <li>● Tongbiquan</li> <li>● Piguaquan</li> <li>● Fanziquan</li> <li>● Other Northern Styles</li> </ul>
Animal Styles	<ul style="list-style-type: none"> <li>● Yingzhaoquan (Eagle Style)</li> <li>● Tanglangquan (Mantis Style)</li> </ul>
Mountain Styles	<ul style="list-style-type: none"> <li>● Wudangquan</li> <li>● Emeiquan</li> </ul>
Songshan-Shaolinquan	<ul style="list-style-type: none"> <li>● Traditional</li> <li>● Compulsory</li> <li>● Traditional Imitation Styles</li> </ul>

### KUNGFU AND TAIJI WEAPONS

	Beginner and Intermediate Divisions	Advanced Divisions
Single Weapons	All Short Weapons	<ul style="list-style-type: none"> <li>● Dao (Broadsword)</li> <li>● Jian (Straight Sword)</li> <li>● Shanzi (Fan)</li> <li>● Nandao (Southern Broadsword)</li> <li>● Taijidao</li> <li>● Taijijian</li> <li>● 42 Posture Taijijian</li> <li>● Taijishan</li> <li>● Other Short Weapons</li> </ul>
	All Long Weapons	<ul style="list-style-type: none"> <li>● Gun (Cudgel/Staff)</li> <li>● Qiang (Spear)</li> <li>● Pudaο</li> <li>● Guandao</li> <li>● Nangun (Southern Staff)</li> <li>● Taijiqiang</li> <li>● Other Long Weapons</li> </ul>
Double Weapon	All Double Weapons	<ul style="list-style-type: none"> <li>● Shuangdao (Double Broadsword)</li> <li>● Shuangbishou (Double Daggers)</li> <li>● Shuangjian (Double Straight</li> </ul>

		Sword/Double Long Tassel Straight Sword)
Flexible/Soft Weapons	All Flexible Weapons	<ul style="list-style-type: none"> <li>● Jiujielian (Nine Section Whip Chain)</li> <li>● Other Flexible Weapons</li> </ul>
Songshan-Shaolin Short Weapons	All Songshan-Shaolin Short Weapons	<ul style="list-style-type: none"> <li>● Traditional Broadsword</li> <li>● Traditional Straight Sword</li> <li>● Compulsory Broadsword</li> <li>● Compulsory Straight Sword</li> </ul>
Songshan-Shaolin Long Weapons	All Songshan-Shaolin Long Weapons	<ul style="list-style-type: none"> <li>● Traditional Cudgel</li> <li>● Traditional Spear</li> <li>● Compulsory Cudgel</li> <li>● Compulsory Spear</li> </ul>
Songshan-Shaolin Soft Weapons	All Songshan-Shaolin Soft weapons	<ul style="list-style-type: none"> <li>● Traditional Soft Weapons</li> </ul>

### FIGHT AND GROUP SETS

Group Sets	<ul style="list-style-type: none"> <li>● Jiti Group Set</li> <li>● Songshan Shaolin Traditional Groupset</li> </ul>
Fighting Sets	<ul style="list-style-type: none"> <li>● Duilian Fighting Set</li> <li>● Songshan Shaolin Traditional Fighting Set</li> </ul>

### CONTEMPORARY CATEGORIES

**(These will not be included in National Ranking, please refer to Taolu National Rankings regulations for that)**

All National Championships contemporary events will not be using 2024 IWUF rules but instead will be scored with a standard 10.0 based score

<ul style="list-style-type: none"> <li>● Contemporary Changquan</li> <li>● Contemporary Nanquan</li> <li>● Contemporary Taijiquan</li> <li>● Contemporary Daoshu</li> <li>● Contemporary Jianshu</li> <li>● Contemporary Qiangshu</li> <li>● Contemporary Gunshu</li> </ul>
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- Contemporary Nandao
- Contemporary Nangun
- Contemporary Taijijian
- Contemporary Taijishan

### AGE GROUPS

Kungfu and Taiji	Contemporary
i. (Group A): 11 years old and below (born in and after 2014) ii. (Group B): 12 to 14 years old (the year of birth: 2011 to 2013) iii. (Group C): 15 to 17 years old (the year of birth: 2008 to 2010) iv. (Group D): 18 to 39 years old (the year of birth: 1986 to 2007) v. (Group E): 40 to 59 years old (the year of birth: 1966 to 1985) vi. (Group F): 60 years of age and above (born in and before 1965)	i. (Group C): 11 years old and below (born in and after 2014) ii. (Group B): 15 years old and below (born in and after 2010) iii. (Group C): 18 years old and below (born in the and after 2007) iv. (Adult): 19 and above (born in and before 2006)

### EXPERIENCE LEVELS

- i. Beginner/Elementary (0-2 years)
  - a. Still mastering the basics
  - b. Less than 2 years of cumulative experience if training multiple hours a week, OR:
  - c. Less than 3-4 years of cumulative experience if training 1-2 hours a week
- ii. Intermediate (2-4 years)
  - a. Good technique and stances, but lacking in power, speed, coordination, and/or balance
  - b. 2-4 years of cumulative experience if training multiple hours a week, OR:
  - c. 4-6 years of cumulative experience if training 1-2 hours a week
- iii. Advanced (4+ years)
  - a. Excellent technique, stances, power, etc.
  - b. Several years training consistently several times a week

DISCLAIMER: Experience levels are a means to encourage more participation in competition. Competitors may select the level themselves or defer to their instructor. It is difficult to enforce objective measures for experience levels. The range of years of experience levels listed are guidelines/recommendations for registration, and do not reflect practice hours over time, which more accurately reflects a competitor's skills. The sub-bullets are alternate guidelines/recommendations that may aid in registration.

### **DRAWING LOTS**

There will be no drawing of lots for the National Championships. Athlete order in each division will be randomized by computer and a schedule will be provided before the competition.

Individual athletes shall pick up their IDs at the check-in desk which will be located at the official hotel, MCM Elegante Hotel and Suites.

### **COMPETITION RULES**

Unless otherwise stated within these regulations, the competition will be conducted in accordance with the Rules for International Wushu Taolu (Routine) November 1999.

Please refer to the registration website (<http://registration.usawkf.org/>) for a link to the International Wushu Federation website ([www.iwuf.org](http://www.iwuf.org)) to see the Rules for International Wushu Taolu (Routine) November 1999.

Time limit:

- Traditional Events: The duration of performance shall be no less than forty seconds.
- Contemporary Events: The duration of performance shall be no less than 1 minute and 20 seconds for advanced events, 1 minute for intermediate events, and no time limit for beginner events.
- Internal Events: The duration of performance shall be 1-6 minutes for an empty hand routine and 1-4 minutes for a weapon routine, with the head judge blowing a whistle at the fifth minute for the former and at the third minute for the latter.

The power of interpretation of the Rules rests solely with the USAWKF.

### **COMPETITION AREA**

Competition will take place on USAWKF-approved competition mats.

The contest area is 14m in length by 8m in width and is surrounded by a safety area of at least 2m in width. All contest areas shall be demarcated on all four sides by a white line 5cm thick. The vertical empty space above the competition area should have a height of at least 8m. The competition area may be elevated to a height between 0.6m and 1m.

### **COMPETITION ATTIRE, ENTRANCE INTO AND DEPARTURE FROM THE ARENA AND EQUIPMENT**

During all events, competitors shall wear wushu competition costumes that follow the rules and are provided by the competitors themselves.

All Kungfu National Championships weaponry shall conform to the requirements stipulated in the rules and must be provided by the competitors themselves.

In addition to wushu competition costumes, competitors under the Shaolin category may choose to wear the following alternatives:

- Shaolin robes of various colors - saffron, orange, red, maroon, blue, gray, etc.
- Shaolin socks with or without ties
- Competitors may be allowed to wear their uniforms with one arm bare out respect for Shaolin tradition

Upon hearing their name called for appearance in the arena, and their final score announced, the competitor shall greet the head judge with a “palm-and-fist” salute, this is, in a standing position with the feet together, and the left palm and right fist pressed against each other about 20-30 cm away from the breast, forming a hold in front of it. In case of exercises with a broadsword or a sword, the weapon shall be held in the left hand, forming a hold with the right palm in front of the breast. In case of exercises with a cudgel or a spear, the weapon shall be held upright in one hand, forming a hold with the other hand – in the form of a palm – in front of the breast.

In addition to the “palm-and-fist” salute, competitors under the Shaolin category may choose to do the following alternatives:

- Buddhist bow with palms touching and fingers pointing towards the head, bowing at the waist
- Shaolin bow with one hand vertical and the second hand underneath, horizontal



## **PLACING AND AWARDS**

Gold, Silver and Bronze medals will be awarded for top 3 finishers of each individual event.

**Advanced Kungfu and Taijiquan athletes** will be awarded medals based on the World Kungfu Championships award method.

Awards will be given to the athletes in the top 30% of athletes in each event.

Gold = Awarded to the top 10% of the athletes

Silver = Awarded to the top 20% of the athletes

Bronze = Awarded to the top 30% of the athletes

The top athletes in each “Advanced” experience level event may be awarded a USAWKF National Ranking.

## **SELECTION METHOD**

The selection method for kungfu team members will be based on the score. Every athlete who scores over an 8.0 in advanced Kungfu or Taijiquan division will be eligible for the kungfu team. The USAWKF Kungfu Team will represent the U.S. in the World Kungfu Championships as well as other international Kungfu tournaments such as the Pan American Kungfu & Taijiquan Championships.

## **TEAM RESPONSIBILITIES**

All selected U.S. team members competing in the 10th World Kungfu Championships will be responsible for completing all required documentation in a timely manner. Team members are also responsible for all financial commitments. Passports must be valid through April 2026 and have two blank pages.

## **USAWKF NATIONAL RANKINGS QUALIFICATION PROCESS**

Rankings may be awarded based on individual competition events.

USAWKF National Rankings will only apply to the “Advanced” experience level. The top 10

finishers in each advanced event will be listed on the USAWKF's Kungfu National Rankings page.

## **REGISTRATION**

Each participant registering in any competition event is responsible for their own accident insurance. A waiver form must be signed, and every participant must agree to the terms before entering the online registration system.

Registration starts April 1<sup>st</sup>, 2025. Final registration ends May 25<sup>th</sup>, 2025.

**No registrations will be accepted after the May 25<sup>th</sup> deadline.**

You must notify the Organizing Committee of any changes at least 21 days prior to the event, which is Friday June 6<sup>th</sup>. There is a \$25 charge for each change. No changes will be made after the Friday, June 6<sup>th</sup> deadline.

Each group or school shall select one team leader and up to two coaches. IDs will be issued to all team leaders, coaches, and athletes, and they are not required to purchase admission tickets. IDs shall be picked up and distributed by the team leader or group organizer.

## **FEES**

### **Registration**

The Kungfu National Championships Registration Fee is \$70 per event, \$35 for duilian (choreographed fight sets) per person and \$14 for jiti (group sets min 5 athletes) per person

There is no limit to Kungfu National Championships events that athletes may compete in.

### **Observer Passes**

Competition observer tickets are \$20 per day (Saturday, or Sunday).

## **REGISTRATION PROCEDURES**

Online Registration: Groups or individuals may use the quick and easy online registration system on our website: <http://registration.usawkf.org/>

There is a separate registration form for the Kungfu National Championships event. The 2025

USAWKF Team Trials, the National Rankings, and Kungfu National Championships are all separate but concurrent events with their own registration forms. Kungfu National Championships Registrations must include the specific identification of styles and Taolu. Competitors are to use the online system to register.

Registration Time Frame: Registration opens **April 1, 2025 and closes on May 25, 2025.**

### **ADMINISTRATION OF TEAM TRIALS EVENTS**

The Team Trials Organizing Committee will administer all aspects of the competitions under the auspices of the USAWKF.

Every athlete selected for the USAWKF National Kungfu Teams must agree to participate in the World Kungfu Championships or other international events for which they are selected. The USAWKF Board of Directors reserves the right to determine a final composition of the U.S. National Kungfu Team, which, in its opinion, serves the best interests of USAWKF.

Participating groups, teams or athletes are required to have the following:

- 1 a copy of the Confirmation of Registration from the website
- 1 birth certificate or one form of picture identification for adults (only required for Kungfu National Rankings and Kungfu Team Trials)
- 1 proof of USAWKF membership.

### **OFFICIAL HOTEL**

The event hotel is the MCM Elegante Hotel & Suites. The room rate is **\$109 per night plus tax for double queen OR king bedroom; or \$139 per night plus tax for king atrium suites plus applicable tax.** Guests must mention code word 'USAWKF' to get this rate.

The hotel includes breakfast and ground transportation to and from Lubbock Preston Smith International Airport. The venue is located within walking distance from the Lubbock Memorial Civic Center.

MCM Elegante Hotel & Suites

801 Avenue Q

Lubbock, TX 79401

(806) 763-1200

<http://www.mcmelegantelubbock.com/>

### **ORGANIZING COMMITTEE CONTACT INFORMATION**

**Telephone:** (806) 698-6100  
**Email Address:** usawkf@usawkf.org  
**General Information:** https://usawkf.org  
**Registration Website:** <http://registration.usawkf.org/>  
**Address:** 14208 FM-1730, Lubbock, TX 79424