

2023 USAWKF KUNGFU NATIONAL CHAMPIONSHIPS

REGULATIONS



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GENERAL INFORMATION

The 2023 United States Wushu-Kungfu Federation (USAWKF) Kungfu National Championships will be held May 26-28, 2023, at Lubbock Memorial Civic Center in Lubbock, TX. This National Championships event will select the National Kungfu Team to represent the U.S. in the 9th World Kungfu Championships to be held in Emeishan, China between August 23-28, 2023, and the 4th Pan American Kungfu & Taijiquan Championships, including the 1st Pan American Wing Chun Championships (please refer to the 2023 PAWF Wing Chun Regulations) to be held in Ontario, Canada between August 3-7, 2023.

DATES AND PLACE

Dates: Friday, May 26 – Sunday May 28, 2023

Place: Lubbock Memorial Civic Center
1501 Mac Davis Ln
Lubbock, TX 79401

Registration: <http://registration.usawkf.org/>
March 20, 2023 - May 1, 2023

ELIGIBILITY

USAWKF National Championships Tournament – Eligible competitors must be U.S. citizens and must be current USAWKF members in good standing.

TEAM COMPOSITION

Athletes participating in any “Advanced” experience level event with a score above 8.0 or top three ranking will be chosen to be a member of U.S. National Kungfu Team. After the athletes are selected, they will be invited to join the USAWKF National Kungfu Team to participate in the World Kungfu Championships and Pan American Kungfu & Taijiquan Championships.

EVENT CATEGORIES/DIVISIONS

All Event Categories will offer empty hand and weapon events. Specific Taolu names and weapon types will be collected at registration so new events can be opened based on the registration to allow for athletes to compete within their specific subset as closely as possible. The organizers reserve the right to create as many new events as necessary to accommodate all athletes.

For Jiti, Duilian and Choreographed fighting sets, please enter the names of the other people in your group.

Here is a list of categories that athletes can register for:

Kungfu and Internal Open Hand

- Kungfu Northern (Ex: Chaquan, Huaquan, Piguaquan, Fanziquan, etc.)
- Kungfu Wudang
- Kungfu Southern Long Hand (Ex: Hung Gar, Choy Li Fut, etc.)
- Kungfu Southern Short Hand (Ex: Baihequan, Bak Mei, Wuzuquan, etc)
- Internal Taijiquan
- Internal Xingyiqua
- Internal Baguazhang
- Internal Other

Kungfu and Internal Weapons

- Kungfu Northern Dao (Saber/Broadsword)
- Kungfu Southern Dao (Saber/Broadsword)
- Kungfu Jian (Sword/Straight Sword)
- Kungfu Northern Gun (Cudgel/Staff)
- Kungfu Southern Gun (Cudgel/Staff)
- Kungfu Qiang (Spear)
- Kungfu Other Weapon (Ex: Flexible, Double, etc)
- Internal Taijijian (Taiji Sword/Straight Sword)
- Internal Taiji Other Weapon (Ex: Saber/Broadsword, Fan, etc.)

Songshan Shaolin Traditional Empty Hand and Weapons

- Songshan Shaolin Traditional Hand Form
- Songshan Shaolin Traditional Cudgel
- Songshan Shaolin Traditional Broadsword
- Songshan Shaolin Traditional Straight sword
- Songshan Shaolin Traditional Spear
- Songshan Shaolin Traditional Imitation Style
- Songshan Shaolin Traditional Soft Weapons
- Songshan Shaolin Traditional Other Weapons
- Songshan Shaolin Tong Zi Gong

Songshan Shaolin Compulsory

- Songshan Shaolin Compulsory Fist
- Songshan Shaolin Compulsory Cudgel
- Songshan Shaolin Compulsory Broadsword
- Songshan Shaolin Compulsory Straight sword
- Songshan Shaolin Compulsory Spear

Fight and Group Sets

- Songshan Shaolin Traditional Two-Person Fight Set
- Songshan Shaolin Traditional Groupset
- Duilian Fighting Set (Empty hand and/or Weapons for 2 or 3 people)
- Jiti Group Set (6 person minimum)

Contemporary Wushu

(These will not be included in National Ranking, please refer to Taolu National Rankings regulations for that)

- Contemporary Changquan
- Contemporary Nanquan
- Contemporary Taijiquan
- Contemporary Daoshu
- Contemporary Jianshu
- Contemporary Qiangshu
- Contemporary Gunshu
- Contemporary Nandao
- Contemporary Nangun
- Contemporary Taijijian

AGE GROUP

- i. (Group A): 6 years old and under 6 years old (born in 2017 and after 2017)
- ii. (Group B): 7 to 8 years old (2016 to 2015)
- iii. (Group C): 9 to 10 years old (2014 to 2013)
- iv. (Group D): 11 to 12 years old (2012 to 2011)
- v. (Group E): 13 to 14 years old (2010 to 2009)
- vi. (Group F): 15 to 16 years old (2008 to 2007)
- vii. (Group G): 17 to 18 years old (2006 to 2005)
- viii. (Group H): 19 to 25 years old (2004 to 1998)
- ix. (Group I): 26 to 35 years old (1997 to 1988)
- x. (Group J): 36 to 55 years old (1987 to 1968)
- xi. (Group K): 56 to 69 years old (1967 to 1954)
- xii. (Group L): 70 years old and above (born in 1953 and before 1953)

EXPERIENCE LEVELS

- i. Beginner/Elementary (0-2 years)
 - a. Still mastering the basics
 - b. Less than 2 years of cumulative experience if training multiple hours a week,
OR:
 - c. Less than 3-4 years of cumulative experience if training 1-2 hours a week
- ii. Intermediate (2-4 years)
 - a. Good technique and stances, but lacking in power, speed, coordination, and/or balance
 - b. 2-4 years of cumulative experience if training multiple hours a week, OR:
 - c. 4-6 years of cumulative experience if training 1-2 hours a week
- iii. Advanced (4+ years)
 - a. Excellent technique, stances, power, etc.
 - b. Several years training consistently several times a week

DISCLAIMER: Experience levels are a means to encourage more participation in competition. Competitors may select the level themselves or defer to their instructor. It is difficult to enforce objective measures for experience levels. The range of years of experience levels listed are guidelines/recommendations for registration, and do not reflect practice hours over time, which more accurately reflects a competitor's skills. The sub-bullets are alternate guidelines/recommendations that may aid in registration.

DRAWING LOTS

All Teams are requested to carefully check all personal and event information before the registration end date of May 1, 2023, and again on the registration website on Monday, May 22. Lots for events will be drawn on-site the day before the event (Thursday, May 25).

Individual athletes shall pick up their IDs at the check-in desk which will be located at the official hotel, MCM Elegante.

COMPETITION RULES

Unless otherwise stated within these regulations, the competition will be conducted in accordance with the Rules for International Wushu Taolu (Routine) November 1999.

Please refer to the registration website (<http://registration.usawkf.org/>) for a link to the International Wushu Federation website (www.iwuf.org) to see the Rules for International Wushu Taolu (Routine) November 1999.

Time limit:

- Traditional Events: The duration of performance shall be no less than forty seconds.
- Contemporary Events: The duration of performance shall be no less than 1 minute and 20 seconds for advanced events, 1 minute for intermediate events, and no time limit for beginner events.
- Internal Events: The duration of performance shall be 1-6 minutes for an empty hand routine and 1-4 minutes for a weapon routine, with the head judge blowing a whistle at the fifth minute for the former and at the third minute for the latter.

The power of interpretation of the Rules rests solely with the USAWKF.

COMPETITION AREA

Competition will take place on USAWKF-approved competition mats.

The contest area is 14m in length by 8m in width and is surrounded by a safety area of at least 2m in width. All contest areas shall be demarcated on all four sides by a white line 5cm thick. The vertical empty space above the competition area should have a height of at least 8m. The competition area may be elevated to a height between 0.6m and 1m.

COMPETITION ATTIRE, ENTRANCE INTO AND DEPARTURE FROM THE ARENA AND EQUIPMENT

During all events, competitors shall wear wushu competition costumes that follow the rules and are provided by the competitors themselves.

All Kungfu National Championships weaponry shall conform to the requirements stipulated in the rules and must be provided by the competitors themselves.

In addition to wushu competition costumes, competitors under the Shaolin category may choose to wear the following alternatives:

- Shaolin robes of various colors - saffron, orange, red, maroon, blue, gray, etc.
- Shaolin socks with or without ties
- Competitors may be allowed to wear their uniforms with one arm bare out respect for Shaolin tradition

Upon hearing their name called for appearance in the arena, and their final score announced, the competitor shall greet the head judge with a “palm-and-fist” salute, this is, in a standing position with the feet together, and the left palm and right fist pressed against each other about 20-30 cm away from the breast, forming a hold in front of it. In case of exercises with a broadsword or a sword, the weapon shall be held in the left hand, forming a hold with the right palm in front of the breast. In case of exercises with cudgel or a spear, the weapon shall be held upright in one hand, forming a hold with the other hand – in the form of a palm – in front of the breast.

In addition to the “palm-and-fist” salute, competitors under the Shaolin category may choose to do the following alternatives:

- Buddhist bow with palms touching and fingers pointing towards the head, bowing at the waist
- Shaolin bow with one hand vertical and the second hand underneath, horizontal

SELECTION METHOD

The selection method is based on the ranking, or each top athlete's best score above 8.0, in any "Advanced" experience level event. The top three male athletes and the top three female athletes may be chosen for the USAWKF National Kungfu Team, including the Wing Chun competition to represent the U.S. in the 1st Pan American Wing Chun Championships (please refer to the 2023 PAWF Wing Chun Regulations).

PLACING AND AWARDS

Awards and ranking certificates will be given to the top competitors in each individual competition event. The top athletes in each "Advanced" experience level event may be awarded a USAWKF National Ranking. The USAWKF National Kungfu Team will represent the U.S. in the World Kungfu Championships as well as other international Kungfu tournaments such as the Pan American Kungfu & Taijiquan Championships.

TEAM RESPONSIBILITIES

All selected U.S. team members competing in the 9th World Kungfu Championships will be responsible for completing all required documentation in a timely manner. Team members are also responsible for all financial commitments. **Passports must be valid through November 2023 and have two blank pages.**

USAWKF NATIONAL RANKINGS QUALIFICATION PROCESS

Rankings may be awarded based on individual competition events.

USAWKF National Rankings will only apply to the "Advanced" experience level.

REGISTRATION

Each participant registering in any competition event is responsible for their own accident insurance. A waiver form must be signed, and every participant must agree to the terms before entering the online registration system.

Registration starts March 20th, 2023. Final registration ends May 1st, 2023.

No registrations will be accepted after the May 1st deadline.

You must notify the Organizing Committee of any changes at least 21 days prior to the event, which is Friday, May 5. There is a \$25 charge for each change. No changes will be made after the Friday, May 5 deadline.

Each group or school shall select one team leader and up to two coaches. IDs will be issued to all team leaders, coaches, and athletes, and they are not required to purchase admission tickets. IDs shall be picked up and distributed by the team leader or group organizer.

FEES

Registration

The Kungfu National Championships Registration Fee is \$70 per event, \$35 for duilian (choreographed fight sets) and \$14 for jiti (group sets)

There is no limit to Kungfu National Championships events that athletes may compete in.

Observer Passes

Competition observer tickets are \$20 per day (Friday, Saturday, or Sunday).

A Weekend Observer pass is for all 3 days of the competition for \$40.

REGISTRATION PROCEDURES

Online Registration: Groups or individuals may use the quick and easy online registration system on our website: <http://registration.usawkf.org/>

There is a separate registration form for the Kungfu National Championships event. The 2023 USAWKF Team Trials, the National Rankings, and Kungfu National Championships are all separate but concurrent events with their own registration forms. Kungfu National Championships Registrations must include the specific identification of styles and Taolu. Competitors are to use the online system to register.

Registration Time Frame: Registration opens **Mar 20, 2023, and closes on May 1, 2023.**

ADMINISTRATION OF TEAM TRIALS EVENTS

The Team Trials Organizing Committee will administer all aspects of the competitions under the auspices of the USAWKF.

Every athlete selected for the USAWKF National Kungfu Teams must agree to participate in the World Kungfu Championships or other international events for which they are selected. The USAWKF Board of Directors reserves the right to determine a final composition of the U.S. National Kungfu Team, which, in its opinion, serves the best interests of USAWKF.

Participating groups, teams or athletes are required to have the following:

- ☐ a copy of the Confirmation of Registration from the website
- ☐ birth certificate or one form of picture identification for adults (only required for Kungfu National Rankings and Kungfu Team Trials)
- ☐ proof of USAWKF membership.

OFFICIAL HOTEL

The event hotel is the MCM Elegante Hotel & Suites. The room rate is **\$109 per night plus tax for double queen OR king bedroom; or \$139 per night plus tax for king atrium suites.** Guests must mention code word 'USAWKF' to get this rate.

The hotel includes breakfast and ground transportation to and from Lubbock Preston Smith International Airport. The venue is located within walking distance from the Lubbock Memorial Civic Center.

MCM Elegante Hotel & Suites

801 Avenue Q

Lubbock, TX 79401

(806) 763-1200

The Cotton Court Hotel room rate is **\$129 per night plus tax for classic king room or \$149 per night plus tax for classic double room.**

Direct booking link: [Chinese Martial Arts Try Outs](#)

You may also call 210-220-3054 and ask for the 'Chinese Martial Arts Try Outs Block'.

Or you may book through their website and use Group Code: CMATO409

The hotel is 0.4 miles from the venue and is a 8-minute walk or 2-minute drive.

Cotton Court Hotel, by Valencia Hotel Group

1610 Broadway Street

Lubbock, TX 79401

(806) 758-5800

Reservations: (210) 220-3054

<https://www.cottoncourthotel.com/>

ORGANIZING COMMITTEE CONTACT INFORMATION

Telephone:	(806) 698-6100
Email Address:	usawkf@usawkf.org
General Information:	https://usawkf.org
Registration Website:	http://registration.usawkf.org/
Address:	14208 FM-1730, Lubbock, TX 79424