

**2022 USAWKF SANDA CHAMPIONSHIPS & JUNIOR SANDA
NATIONAL TEAM TRIALS**

REGULATIONS



**Hosted by USAWKF
Organized by United Martial Arts Training Center**

Sponsored by Lubbock Sports

2022 USAWKF SANDA NATIONAL CHAMPIONSHIPS & JUNIOR SANDA TEAM TRIALS

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GENERAL INFORMATION

The 2022 United States Wushu-Kungfu Federation (USAWKF) Sanda National Championships and Junior Sanda Team Trials will be held May 27 - May 29, 2022 at the Lubbock Memorial Civic Center in Lubbock, TX. The event is hosted and sanctioned by the USAWKF and organized by the United Martial Arts Training Center.

The focus of this event is to select the National Champions and Junior National Champions from across the country and honor the most elite American Sanda fighters.

Additionally, from amongst the 2022 Junior National Champions, the USAWKF Sanda Committee will select the USAWKF Sanda Junior Team to represent the U.S. in the 8th Junior World Wushu Championships to be held in Indonesia from December 2-10, 2022 and the 13th Pan American Wushu Championships to be held in Brasilia, Brazil from July 22-24, 2022.

DATES AND PLACE

Dates: Friday, May 27 – Sunday May 29, 2022
Place: Lubbock Memorial Civic Center, Exhibit Hall
1501 Mac Davis Lane
Lubbock, Texas 79401
Registration: <http://registration.usawkf.org/>
April 1, 2022 - May 12, 2022

ELIGIBILITY

USAWKF Sanda National Championships – Eligible competitors must be U.S. citizens current USAWKF members in good standing.

USAWKF Junior Sanda Team Trials – Eligible competitors must be U.S. citizens and current USAWKF members in good standing.

ATHLETE QUALIFICATIONS

1. Adult competitors shall be between 18-40 (including 40) full years, junior competitors shall be between 15 and 17 (including 17) years of age, child competitors shall be between 12 - 14 (including 14) years of age at the time of competition, and kid competitors shall be between 6 - 11 (including 11) years of age at the time of competition.
2. Medical insurance is highly recommended.
3. Each competitor 17 years of age and younger must obtain a doctor's clearance notes within 15 days prior to the date of the competition. A sample of the Physical Examination Signature Page is attached at the end. A health certificate with electroencephalogram (EEG), electrocardiogram (ECG), blood pressure and heart rate may be required if selected to represent USAWKF Junior Sanda Team.
4. Junior, child, and kid competitors must present their valid US passport (good through the end of the year) upon check in to be eligible for consideration for the Team Trials. **Any Junior, Child or Kid competitor who does not present their valid US passport at check-in will be automatically eliminated from consideration for Team selection.**

AGE AND WEIGHT CLASS DIVISIONS

Age Groupings: All age categories are based on participants' current age within the year starting on January 1 and ending on December 31.

Kid's Tournament Weight Divisions

Division 1 – Kids (ages 6-7)

- 15kg (under \leq 15kg) [35 lbs.]
- 20kg ($>$ 15kg \leq 20kg) [45 lbs.]
- 25kg ($>$ 20kg \leq 25kg) [55 lbs.]
- Over 25kg ($>$ 25kg) [over 55 lbs.]

Division 2 – Kids (ages 8-9)

- 25kg (under \leq 25kg) [55 lbs.]
- 29kg ($>$ 25kg \leq 29kg) [65 lbs.]
- 36kg ($>$ 29kg \leq 36kg) [80 lbs.]
- Over 36kg ($>$ 36kg) [over 80 lbs.]

Division 3 – Kids (ages 10-11)

- 29kg (under \leq 29kg) [65 lbs.]
- 36kg ($>$ 29kg \leq 36kg) [80 lbs.]
- 42kg ($>$ 36kg \leq 42kg) [92 lbs.] (PAWF capped at 42kg so I changed from 43kg to 42kg so it'll transition to PAWC easier)
- Over 42kg ($>$ 42kg) [over 92 lbs.]

Children Weight Divisions (ages 12-14)

- 39kg category (under \leq 39kg)
- 42kg category ($>$ 39kg - \leq 42kg)
- 45kg category ($>$ 42kg - \leq 45kg)
- 48kg category ($>$ 45kg - \leq 48kg)
- 52kg category ($>$ 48kg - \leq 52kg)
- 56kg category ($>$ 52kg - \leq 56kg)
- 60kg category ($>$ 56kg - \leq 60kg)

(Junior) Youth Weight Divisions

- 48kg Category (Under \leq 48kg)
- 52kg Category ($>$ 48kg— \leq 52kg)
- 56kg Category ($>$ 52kg— \leq 56kg)
- 60kg Category ($>$ 56kg— \leq 60kg)
- 65kg Category ($>$ 60kg— \leq 65kg)
- 70kg Category ($>$ 65kg— \leq 70kg)
- 75kg Category ($>$ 70kg— \leq 75kg)
- 80kg Category ($>$ 75kg— \leq 80kg)

Adult Weight Divisions

- 48kg Category (Under \leq 48kg)
- 52kg Category ($>$ 48kg— \leq 52kg)
- 56kg Category ($>$ 52kg— \leq 56kg)
- 60kg Category ($>$ 56kg— \leq 60kg)
- 65kg Category ($>$ 60kg— \leq 65kg)
- 70kg Category ($>$ 65kg— \leq 70kg)
- 75kg Category ($>$ 70kg— \leq 75kg)
- 80kg Category ($>$ 75kg— \leq 80kg)
- 85kg Category ($>$ 80kg— \leq 85kg)
- 90kg Category ($>$ 85kg— \leq 90kg)
- Over 90kg Category ($>$ 90kg)

USAWKF Junior Wushu Sanda Team Eligible Weight Divisions

The Junior Sanda team shall be composed of selected competitors (see 'SELECTION METHODS'), who were born between January 1, 2005 – December 31, 2015). The eligible weight divisions are as follows:

1. Junior's Sanda Competition (born January 1, 2005 – December 31, 2007):
 - a. Boy's Sanda Events: 48 kg, 52kg, 56 kg, 60 kg, 65kg, 70kg, 75kg, 80kg.
 - b. Girl's Sanda Events: 48kg, 52kg, 56kg, 60kg.

2. Children's Sanda Competition (born January 1, 2008 – December 31, 2010):
 - a. Boy's Sanda Events: 42kg, 45kg, 48kg, 52kg, 56kg, 60kg.
 - b. Girl's Sanda Events: 39kg, 42kg, 45kg, 48kg.
3. Kid's Sanda Competition (born January 1, 2011 – December 31, 2015): (Pan American Wushu Championships only)
 - a. Boy's Sanda Events: 27kg, 30kg, 33kg, 36kg, 39kg, 42kg.
 - b. Girl's Sanda Events: 27kg, 30kg, 33kg, 36kg

WEIGHING-IN

1. All qualified athletes must present their passport (or birth certificate) in order to weigh-in.
2. The weigh-in shall be conducted by the chief registrar in collaboration with the scheduler-recorders under the supervision of the Jury of Appeals.
3. All athletes must arrive at the designated time at the designated place as set out by the organizing committee in order to weigh-in. Athletes may weigh-in in the nude or with trunks on. (Female competitors may wear tight fitting undergarments.)
4. The weighing-in shall start with the lighter weight categories and continue on to the heavier categories. Each category should conclude its weighing-in within a period of one hour.
5. Any competitor who fails to weigh-in correctly within his or her registered division within the allocated time period of one hour will not be permitted to participate in any of the subsequent contests.
6. Competitors who are competing on a specific day of competition are required to weigh-in at the specific time and place prior to the start of the day's events.

DRAWING LOTS

1. The drawing-lots ceremony shall be conducted by the scheduling-recording group, in the presence of the chairman of the Jury of Appeals, the chief referee, and team coaches or team leaders.
2. The drawing-lots ceremony shall take place after the initial weighing-in session has concluded and will start with the lighter weight categories and continue on to the heavier categories. Any category with only one competitor shall be excluded from the contest.
3. Team coaches or team leaders shall draw lots on behalf of the competitors from their respective teams.

COMPETITION RULES

The adult competition will be conducted in accordance with the 2017 IWUF Wushu Sanda Competition Rules and Judging Method. Visit the IWUF webpage (www.iwuf.org) to download a copy of these rules.

COMPETITION AREA

The competition area shall be a platform of wooden structure, 80 cm high, 800 cm long and 800 cm wide, covered with a soft mat and a canvas surface. At the center of the platform is the logo of the International Wushu Federation, 120 cm in diameter. The edges of the platform surface are marked with red sidelines 5 cm in width. A yellow warning line, 10 cm in width, is drawn 90 cm inside the sidelines. The platform is surrounded by protective mats 30 cm thick and 200 cm wide.

COMPETITION ATTIRE AND PROTECTIVE GEAR

1. All competitors shall wear IWUF approved clothing and protective gear.
2. IWUF approved clothing for men includes sanda shorts and vest and for women includes sanda shorts and t-shirt. The shorts and vest will be of the same color, namely red or blue. Competitors are required to provide their own clothing, and this should include one (1) set in red and one (1) set in blue.
3. Protective gear is separated into two colors, namely red and blue. Protective gear includes **[boxing gloves,]** headgear and chest protector. Competitors are required to provide their own gum guard, groin cups and hand wraps. The groin cups must be worn under the trunks. The length for hand wraps shall be between 3.5m (138 in.) and 4.5m (177 in.) in total.
4. For the Junior, Child, and Kid divisions, the weight of the gloves will be 230 grams (8 oz.). For Senior divisions, the weight of gloves shall be 230 grams for the women's categories and the men's 65kg category and below; and the weight of the gloves shall be 280 grams (10 oz.) for the men's 70kg category and above.

COMPETITION ETIQUETTE

1. Competitors shall perform a palm and fist salute when they are introduced to the audience before the start of each match.
2. At the start of each round, the competitors shall perform a palm and fist salute from the platform towards their respective coaches, who in turn shall return the same palm and fist salute towards one another.
3. When announcing the result of a bout, the competitors shall first switch their positions.

4. Following the announcement of the result, the competitors shall perform a palm and fist salute to each other first, then to the platform judge who will return the salute, following which the competitors will salute one another's coaches, who will also return the salute.
5. When a sideline judge is replaced by another judge, both judges shall perform a palm and fist salute to one another.

DEFAULT

1. If during the course of a competition, a competitor is unable to compete due to illness or injury (which must be confirmed as legitimate by the medical committee's appointed doctor) or due to failure to weigh-in correctly, this shall be considered as default and the competitor will not be permitted to participate in subsequent matches. However, the ranking achieved up to that point will still be considered as valid.
2. If during the course of the bout, there is great disparity in strength and ability, and a competitor is being outclassed, in order to ensure the safety of the competitor, his or her coach may raise the default plate. The competitor himself/herself may also raise his/her hand or voluntarily step off the competition platform to default during the course of the bout.
3. If a competitor is absent for the weigh-in, fails to appear for the roll-call 3 times prior to a bout or leaves the designated area following the roll-call, or fails to appear at the competition area on time, this will be regarded as a groundless default.
4. If during the competition, a competitor commits a groundless default, all his/her results attained in the competition up to that point shall be omitted.

OTHER COMPETITION-RELATED PROVISIONS

1. All competitors must abide by the competition rules and protocols, and respect and obey the judges' and officials' decisions. It is forbidden to cause disruptions, curse and shout, throw protective gear, etc. or act in any way to display discontent. During a bout, competitors are not permitted to leave the field of play prior to the announcement of the results (except in cases of medical or first-aid emergency).
2. During a bout, the coach may only be accompanied by one assistant-coach or team doctor.
3. They must wear official attire and must remain seated at the designated spot.
4. Doping in any form is strictly forbidden. Competitors are not permitted to use oxygen tanks during the rest period between rounds.

FIGHTING METHODS

All attack and defense techniques of Sanda may be used in fighting. Refer to the IWUF webpage (www.iwuf.org) for detailed information of Sanda methods, scoring criteria, and penalties (Chapter 4).

PERMITTED METHODS

All Wushu punching, kicking and throwing/wrestling techniques are permitted.

PROHIBITED METHODS

1. Attacking with the head, the elbow, or the knee, or by putting pressure on the joints of the opponent in an adverse direction.
2. Utilizing throwing/wrestling techniques which force the opponent to land on his or her head, or deliberately smashing down the opponent.
3. Attacking the head of the downed opponent by any means. *For junior, child competitions it is prohibited to continuously punch the face or use leg techniques targeting the head unless otherwise stated. For kid competitions it is prohibited to punch the head.*

VALID SCORING AREAS

The head, the torso, and the thighs are valid scoring areas for junior and child competitions. The torso, and the thighs are valid scoring areas for kid competitions. .

PROHIBITED STRIKING AREAS

The back of the head, the neck and the crotch are prohibited striking areas for junior and child competitions. The head, the neck and the crotch are prohibited striking areas for kid competitions.

PLACING AND AWARDS

For the Kids and Children Divisions, medals and ranking certificates will be given to the boys and girls who place in the top three positions of their weight class.

For the Juniors and Adults Divisions the top five positions for each gender and weight division shall receive ranking certificates. The top three positions shall also receive a medal. The top positions for each gender and weight division will be named 2022 USAWKF National Champions and receive a Champion package from the event sponsors in addition to the medal and ranking certificate.

TEAM SELECTION

The USAWKF Junior Sanda Team will represent the United States in the World Junior Wushu Championships as well as other international Wushu tournaments. The selections shall be made in the designated weight divisions based on the results of the 2022 National Championships by the USAWKF Sanda Committee. The purpose of this selection is to determine which National Champion, if any, has shown clear ability to compete safely and competitively at an international level. While there are five positions available to boys and three to girls, there is no emphasis placed on filling all of the available positions. The priority of the selection committee is to only send Sanda fighters ready to compete at the highest level of the sport.

SELECTION METHODS

The team selection method is based on the Selection Committee's overall evaluation of each athlete who has become a National Champion. There are more weight classes offered during the team trials to provide the maximum opportunities for all competing athletes to demonstrate their skills and abilities. However, the Selection Committee will evaluate each winner of all the weight classes and choose a select few who will represent the U.S. team. Several factors will be used as guidelines in this decision: 1) the availability of a weight class in an international event; 2) which athlete will have a higher probability of medaling in their weight class; 3) skill level in the practice of Sanda; and 4) the experience of the athlete. To that end, it should be noted that barring unusual circumstances, the committee will not consider athletes competing for the first Sanda fight of their career at Nationals. Other mitigating factors may be considered by the committee.

REGISTRATION

Each participant registering in any competition event must handle their own accident insurance. A waiver form must be signed, and every participant must agree to the terms when registering.

Registration ends May 12th. **No registrations will be accepted after the May 12th deadline.**

You must notify the Organizing Committee of any competition changes on a registration form at least 15 days prior to the event. *There is a \$20 fee for each change.*

Each group or school may have one coach accompany them. If a group or school registers more than five competitors, they may have a second coach. IDs will be issued to all coaches and athletes. The athletes and coaches are not required to purchase admission tickets and are invited as guests of the local organizing committee to attend the awards banquet. Please note that only the coaches listed on the registration will be admitted to the competition and invited to the awards banquet. No exceptions will be made at the competition or at the banquet. ID badges shall be picked up and distributed by the coaches on the day of weigh-ins.

FEES

Competitor

Registration fees are **\$90** per competitor by May 12th, 2022

Observer Passes

Competition observer tickets are \$15 per day (Friday, Saturday, or Sunday).

A Weekend Observer pass is for all 3 days of the competition for \$35.

REGISTRATION PROCEDURES

Registration: Coaches may collect all individual or group registration forms and fees and submit them together by mail or scan and email by the deadline of midnight **May 12, 2022.**

Registration Time Frame: Registration is open **April 1 – May 12, 2022.**

ADMINISTRATION OF THE COMPETITION

The Organizing Committee will administer all aspects of the competitions.

Participating groups, teams or athletes are required to have the following:

- a copy of the Confirmation of Registration from the website;
- proof of a physical evaluation for youth and adults (children under 12 do not need a physical but will need parental consent);
- birth certificate;
- one form of picture identification for adults; and
- proof of USAWKF membership.

OFFICIAL HOTEL

The event hotel is the MCM Eleganté Hotel & Suites. The room rate is **\$109 per night plus tax for double queen OR king bedroom; or \$139 per night plus tax for king atrium suites.** Guests must mention the code word 'USAWKF' to get this rate.

Daily breakfast and ground transportation are included to and from Lubbock Preston Smith International Airport. The hotel is 0.2 miles from the venue and is a 4 minute walk or 2 minute drive.

MCM Eleganté Hotel & Suites
801 Avenue Q
Lubbock, TX 79401
(806) 763-1200
<http://www.mcmelegantelubbock.com/>

ORGANIZING COMMITTEE CONTACT INFORMATION

United Martial Arts Training

Telephone: (806) 698-6100
Email Address: registration@usawkf.org
Competition Website: registration.usawkf.org/
Address: 14208 FM Road 1730, Lubbock, TX 79424

Physical Examination Signature Page

Attach this page to your athlete passbook, and keep a copy for your records

Athlete's name: _____

Date of Birth: _____

Athlete's signature: _____

Date: _____

_____ Cleared for all full contact combat sports without restriction

_____ Cleared for all full contact combat sports without restriction with recommendations for further evaluation for _____

_____ Not cleared. Pending further evaluation.

For any sports _____

For certain sports _____

Reasons: _____

Recommendations: _____

I have examined the above-named athlete and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete and parent/guardian.

Name of Physician/P.A./or Nurse Practitioner: _____

Address: _____ Phone: _____

Signature: _____ Date: _____

Parent/Guardian Signature (if under 18): _____